

Taking over large areas of woodland Over the next two years we will be running weekly volunteer days across the Yarrow catchment to contain and reduce the spread of Himalayan Balsam.

Please come and join us and help to keep your local beauty spots beautiful, while enjoying the fresh air and getting some exercise.

Himalayan Balsam is an easy plant to remove, so no special skills are needed. While you would need to be reasonably active, you can work at your own pace, so it should not be too physically demanding.

## VOLUNTEER DAYS

All run between 10am - 3pm, Half-days are more than welcome!

#### **MONDAYS**

Wheelton, Leeds-Liverpool Canal

#### **TUESDAYS**

Worden Park, Leyland

### **WEDNESDAYS**

Fox Hole Wood, Chorley

#### **FRIDAYS**

Cuerden Valley Country Park

# To get involved contact:

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